



**NEWSLETTER**  
21st November 2019



## HEADTEACHER'S AWARD

Well done **Renae Lord** for receiving the Head Teacher's award last week.

### PUPILS OF THE WEEK

Last week the pupils of the week were :-

Rec: Brogen-Dean Biddlecombe  
Yr 1: Emily Talpau  
Yr 2: Evan Wilson  
Yr 3: Johnny Kendall-Wardman  
Yr 4: Ava Murphy  
Yr 5: Max Mortimer  
Yr 6: Xander McKeever

Attendance Winner

Year 2—97%

Well Done



### WOW WORK OF THE WEEK

Last week the Wow Work of the week were :-

Rec: Noah Baxter  
Yr 1: Jai Helme  
Yr 2: Layton Allsopp  
Yr 3: Flynn Gibson  
Yr 5: Sophie Bainbridge  
Yr 6: Kori-J Turner

## Anti-Bullying Workshop

Last week was Anti-Bullying week. On Thursday the whole school attended a musical workshop in the hall and learnt a song.



## Cooking Club: Phunky foods

Here are some pictures from our "Cooking together after school" club. Week 1 was making beetroot hummus, vegetable wraps and pineapple cheesecake in a pot. Parents and children enjoyed working together to make healthy meals.



## Church Links

This week in Collective Worship the children learnt about Endurance—when the going gets tough, the tough get going!



## Children in Need

Thanks to all your donations the school raised

# £167.02

Competition winners:

Ollie Ireland—EYFS

Nainika Joseph—KS1

Freya Barnes—LKS2

Kayden-Lee-Shaw—UKS2

Here are some of the Pudsey Bear colouring-in sheets on display:



## Capturing Calderdale

On Tuesday Year 4 went to Cromwell Bottom as part of their outdoor learning. They enjoyed taking photographs for their "Capturing Calderdale" project and were lucky enough to see a barge going through Cromwell Lock!



## Digital Leaders

We had an excellent response from children to become a Digital Leader. Unfortunately we could only pick six children from over 40 applicants. Well done to all who applied and an extra well done for the six successful children. Here are a few of the responsibilities that the Digital Leaders will be carrying out on a regular basis...

- To help make sure that pupils at Elland know about E-Safety and help adults develop our rules to help children stay safe when on the internet.
- Blog on behalf of the school, a class or a club.
- Comment on other people's blog posts.
- Test new IT and Computing resources, which could be websites, software or hardware.
- Share their skills and expertise with other pupils, classes and teachers.
- Set up ICT/ Computing equipment in classrooms for teachers.
- Support teachers and classes to use ICT/ Computing in the classroom.

Their first meeting is on Friday. Exciting times for the Computing department!



## Wellbeing and Mindfulness

Everyday life can be hectic for today's children. They're under more pressure than ever at school, and many children also have a busy life outside of school with sports, music lessons, clubs and playdates. Sometimes this can be hard to handle. A good thing to practise when things get a bit too much is mindfulness. Mindfulness can be useful in helping us to address the kinds of worries that we all experience. In the case of young people, it can help them learn how to work skilfully with the stresses and strains of childhood and adolescence without being swept away by them. These coping skills then remain with them into adulthood. In adults, it's been proven to help with stress, anxiety, depression and a range of chronic physical conditions. Here are some exercises that you can try with your children at home.

### The Feeling Exercise



Collect a number of interesting objects such as feathers, putty, stones, or anything else that might be interesting to hold. Give each child an object, and ask them to spend a minute just noticing what it feels like in their hand. They can feel the texture, if their object is hard or soft, and the shape. Afterwards, ask the children to describe what they felt. With bigger groups, pair children off to take turns completing the exercise together.

### Build a Stress Ball



If you're feeling brave, and are prepared to clean up a mess, provide the children with balloons, flour, and funnels to build their own stress balls (you may want to double-layer the balloons). Some other filling options include rice, small beads, or the leftover dots from punched paper. Once the kids have built their own stress balls, try using them with *The Feeling Exercise*.



**Stop, Breathe & Think Kids (5-10 y/o emotional literacy/sleep)**  
Only for Apple devices currently, focusses upon emotional literacy, calmness and sleep. App has an activity focus and uses emoticons and games to help young people



**Smiling Minds (Mindfulness)** The smiling mind is a mindfulness app that supports positive mental health and wellbeing. The programs education app is designed for both primary and secondary aged children.

## Three Little Bears

Nursery have been learning about The Three Little Bears.

We have enjoyed dressing up as the characters and making our own sandwiches for our teddy bear picnic. The children brought their own teddies to join in the fun!

Goldilocks broke our chair in nursery, so we decided to make her a new one in our key worker groups.





## Call for Cameras

Can you donate a digital camera?

We use them when we go out of school and do activities and trips.

The school needs digital (not film) cameras in fully working order complete with charging cable. Thank you.



### Boccia

These are some pictures from the boccia competition. We finished third.

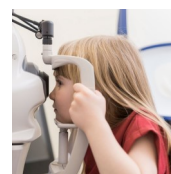


### Reminders



### Orthoptics

Reception vision screening will now take place on Friday 29th November.



### Head Lice

Please check your child's hair regularly for head lice. There continue to be reports of cases of head lice in school.

If you take a head louse egg on a piece of sticky tape to a chemist, they will usually provide free treatment.

Advice is available on the Locala (School Nurse) website, and on the NHS website.

### School Dinners for Parents/Carers



Next week it's the turn of Year 1 to invite parents and carers to come to have a school lunch with them! Wednesday 27th November at 11:45—look out for your invitation in your child's book bag.

**RSVP BY 9am on Monday 25th November** at the latest please, as cook needs to know in advance.

If your child is on sandwiches, how about encouraging them to try a school dinner with you?

Space is limited to one parent/carer per child.

### Jars for Year 2

Year 2 are making Glow Jars. Any donations of jars (preferably with lid) gratefully received.



### Harvest Festival



### Dates for your Diary

Thursday 21st November—Choir starts, 3-4pm.

Friday 29th November—Revised date for Vision Screening (Reception only).

Friday 6th December—Early Years Reindeer Run.

Tuesday 10th December—1:30pm and 6pm KS1 Nativity.

Thursday 12th December—1:30pm and 6pm KS2 Christmas Performance.

Friday 13th December—Christmas Jumper Day.

Tuesday 17th December—Carol Service at All Saints Church.

Wednesday 18th December—Christmas Dinner for pupils and staff.

Friday 20th December—Christmas Party Day for all classes.

Friday 20th December—Last day of term.

Monday 6th January 2020—First day back to school.