



NEWSLETTER
26th November 2020

THE CHURCH
OF ENGLAND
Diocese of Leeds



HEADTEACHER'S AWARD PUPILS OF THE WEEK

Attendance Winners

Reception—98.8%
Mention for Year 4—97.8%
Well done!



Last week the pupils of the week were :

Nur: Amelia Graham
Rec: Renee Sado
Yr 1: Krystian Jedrzejewski
Yr 2: Sebastian Latka
Yr 3: Ava Helme
Yr 4: Kendall Cromie
Yr 5: Mason Howitt
Yr 6: Laila Maude

Last week the Wow Work of the week were :-

R: Mitch Rushworth
Yr 1: Samuel Barnes
Yr 2: Molly Williamson
Yr 3: Conrad Goodhall
Yr 4: Theo Talpau
Yr 5: Kasilese Moriarty-Coyne
Yr 6: Sam Whiting

COVID-19 IMPORTANT REMINDER

Please could everyone be aware about the current guidelines regarding testing and isolation:

If someone is being tested in your household, **ALL** family members will need to isolate until a negative test is returned. This is from the time that the person who has symptoms calls to arrange a test.

Children should not attend school if a household member is awaiting test results.

Christmas Dinner Orders

This year, our Christmas dinner will be on **Wednesday 16th December**.

If your child/ren normally bring sandwiches but would like a school Christmas dinner, then please let us know by Monday 7th December, to ensure that we have enough time to order in supplies. Please complete the reply slip on the separate letter which has been sent home.

During the last week of this term, the dinner menu will be slightly different, as follows:

Monday—Pasta Bolognese / Fishcake
Tuesday—Chicken Wrap / Vegetarian Ravioli
Wednesday—Christmas Dinner / Vegetarian Tadi in the Hole
Thursday—Breaded Fish / Cheese & Tomato Panini
Friday—Party Dinner Day—Sandwich, Crisps, Bun



Year 2—Great Fire of London



Year 2 have been recreating 'Pudding Lane', where the original Great Fire of London started. They have made the street out of cardboard boxes. In a couple of weeks time they are going to be burning their Pudding Lane (in a safe and controlled way), to replicate the Great Fire of London.

Church Links

This week in Collective Worship the children learnt about Wisdom. Clergy visited the Lower Key Stage Two bubble this week.

Year 4—Forest School

Last Thursday, Year 4 went to Forest School! During the session, the children took part in a scavenger hunt, den building, whittling and a game of hide and seek. A mudtastic time was had by all!



Wellbeing

We want our children and families to feel that they can access the same support with their safety and wellbeing at home as they can at school. Below are some of the ways that children can access guidance and support from home. It is important that children feel that they have someone to talk to about anything that is worrying them or making them feel unsafe and some of the links below are good to share with your children at home.

- ChildLine runs a free, 24-hour phone, online and messaging service for children of all ages, and there are lots of useful self-help resources on their website which explains to children about how to keep safe.

<https://www.childline.org.uk/>

- CEOP have a 'make a report' button on their website, where anyone can report anything that they have seen or experienced online that worries them. There are also advice and games pages for children of different ages that can help remind children how to stay safe. <https://www.ceop.police.uk/safety-centre/>

- The National Online Safety website offers guides to parents and carers, which are a range of easy to use guides covering a range of popular social media, gaming and online platforms, advising parents on the benefits and risks of their children using them, and offering useful advice on taking sensible precautions to support their children to be safe while using them. <https://nationalonlinesafety.com/>

- Thinkuknow is the education programme from CEOP, a UK organisation which protects children both online and offline. There are lots of videos, games and resources on here for children from 5-7 years.

<https://www.thinkuknow.co.uk/>

Emotional Health and Wellbeing:

The following services and resources support children and families with their emotional health and wellbeing:

- Open Minds Calderdale <http://www.openmindscalderdale.org.uk/>

- Go Noodle <https://www.gonoodle.com/>

- Calmzone <https://www.childline.org.uk/toolbox/calm-zone/>

- Headspace <https://www.headspace.com/>

- Young Minds <https://youngminds.org.uk/>

<http://www.openmindscalderdale.org.uk/category/resource-library/>

Time Out Listening Line

A Listening line has been set up for children and young people who want someone to talk to about issues such as: home/school life, friendships, and any worries they may be having about Coronavirus. The Listening Line is not a counselling service, it's a safe space offering children and young people the opportunity to speak to an experienced Time Out worker, who regularly work with children and young people in schools and in the community. To access the listening line children and young people can send a text to 07418 311736 and one of Time Out's project workers will call them back to arrange an appointment.

Phunky Foods



Strive for 5-a-day

Healthy snacks. Spread your 5-a-day across the day

Keep costs low: use seasonal produce, or tinned/frozen

Colour and variety is key - Eat A Rainbow!

What is a portion?

An adults portion is 80g. 80g may be too big for your child, so use their cupped hand as a guide. One handful = one portion

- One whole fruit eg. apple, pear
- Two small fruit eg. plums
- A handful of strawberries
- A handful of vegetable sticks
- 3 heaped tbsp. of vegetables or beans eg. 16 okra

...at Breakfast

Choose from:

- 1 large slice of melon
- 1 glass = 150ml 100% fruit juice
- 1 medium sized tomato
- 3 tbsp mushrooms
- 1 banana
- 1 tbsp (30g) of dried fruit

...at Lunch

Choose from:

- 1 handful of vegetable sticks
- 3 tbsp lentil/bean salad*
- 2 satsumas
- 1 bowl of vegetable & lentil dahl*

*For quick and easy recipe ideas visit: www.phunkyfoods.co.uk

...at Dinner

Choose from:

- 3 tbsp broccoli
- 3 tbsp peas/corn
- 3 tbsp vegetable stew/ratatouille
- 16 medium okra
- 1 glass = 150ml 100% fruit juice

Your easy 5-a-day

GLASS OF ORANGE JUICE • BANANA WITH BREAKFAST • SALAD IN YOUR SANDWICH • APPLE AT SNACKTIME • PEAS WITH DINNER

www.phunkyfoods.co.uk

Why strive for 5?

As well as looking and tasting great, fruits and vegetables are packed with essential vitamins, minerals and fibre that are vital for good health. Many of these nutrients also protect the body from harmful pollutants that can cause disease.

Eat a rainbow!

Different colours of fruits and vegetables give us different health benefits, because they contain different types of nutrients. By eating lots of different colours of fruits and vegetables we have the best variety of nutrients for good health.



<https://www.phunkyfoods.co.uk/parents/>

Christmas Cards

Due to the current circumstances, we will need to alter the way we deliver Christmas Cards in school this year. We do not want the children to miss out on this enjoyable tradition, so the following will be in place:

- Christmas Cards can be brought in to school from **Tuesday 1st December**.
- Children will post their cards in their Bubble Postbox.
- Cards will be collected in the postbox during the week and will be quarantined over the weekend.
- Cards will be given out on Mondays.
- The last day for cards to be brought in to school is **Tuesday 15th December**.

Please remember to put **names** and **class/year groups** on envelopes.



Health Update

Children with simple cold symptoms such as runny noses or sore throats **without fever** should not be tested for COVID-19, and can attend school if they feel well enough to do so.

* COVID-19 Symptoms

Anyone with any of the three main symptoms of COVID-19 should stay at home and arrange testing.

Symptoms are:

high temperature and/or

new continuous cough and/or

loss or change to sense of taste or smell

Please contact school to advise us of any absence.

*Please note that unless advised otherwise, only people who present with **any of the three main symptoms of COVID-19 should be tested**. Testing must be conducted within the first 5 days of the onset of symptoms.

If someone is being tested in your household, **ALL** family members will need to isolate until a negative test is returned. When you receive your test result, **please email admin@elland.calderdale.sch.uk** with details before your child returns to school. Children can return to school as soon as a negative test is received.

*If your child develops any of the key symptoms for COVID-19 in school, we will contact parents/carers and ask for you to arrange a test. This is in line with Government guidelines.

Christmas Shoe Box Appeal

Rotary is running its **Christmas Shoebox Appeal** once again in a slightly different form in response to the Covid-19 pandemic. We need your help and support more than ever to make this year's appeal a success. Donations can be gift aided too - increasing your donation by 25%. Charities continue to report to us that the giving of a filled Christmas shoebox is a delight to see and brings smiles to many faces.

Donations through Just Giving allows us to buy items to fill boxes ourselves or to give the charities the funds to buy goods to fill the boxes themselves.

We also know that some people enjoy filling a shoebox themselves. Below are the outlets in Calderdale where a box can be picked up and returned to:

- Marsh & Marsh Estate Agents, Hipperholme
- Harveys of Halifax Cookshop
- Tesco at King Cross and Sowerby Bridge

Please contribute to this very worthy local appeal and let's get those smiles returned on so many faces this Christmas. Just go to the website below. Thank you for your support.

<https://justgiving.com/rotary-halifax>



Starting School in September 2021

Children born between 1st September 2016 and 31st August 2017 are due to start primary school in September 2021. To apply for a school place, you must apply online by **15th January 2021** at

www.calderdale.gov.uk/admissions.

For advice and guidance, please contact 01422 392617, option 1 and a Customer First Advisor will assist you. Offers for school places will be made on 16th April 2021.

Dates for your Diary

Applications for Starting School in September 2021 are now open online at:

www.calderdale.gov.uk/admissions, until 15th January 2021.

Wednesday 16th December— School Christmas dinner

Friday 18th December — Last day of term

Tuesday 5th January 2021— New school term starts

