



Elland C of E School

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NEWSLETTER 10th June 2021



HEADTEACHER'S AWARD

Attendance Winners

Whole School—96.8%

Winners—Year 5—99.6%

House Points Winners =

Mexborough—476 points

Overall Summer 1 Winners –

Saville 2385 Well Done!



PUPILS OF THE WEEK

Last week the Pupils of the Week were :

Nur: Harry T

Rec: Grayson F

Yr 1: Daniel F

Yr 2: Riley D

Yr 3: Ruby-May T

Yr 4: Tia P

Yr 5: India N

Yr 6: Kieran C

Wow Workers of the Week

Rec: Oliver K

Yr 1: Khadija U

Yr 2: Louis C

Yr 3: Layton A

Yr 4: Freya B

Yr 5: Taylor A

Yr 6: Erika E

Welcome Back

Welcome back to a very sunny half term. Please could children remember to bring a hat and a drink bottle each day, and have sun cream already applied. Thank you



Staff Training Day

On Monday, class staff worked alongside Lynn from Read Write Inc (our chosen phonic scheme) refreshing their skills of teaching phonics and reading. It was a great training session enjoyed by all.



PC Joe Dainton

Before the half term break, PC Joe Dainton was present outside school responding to reports of dangerous and illegal parking. We welcomed this visit and thank parents who have made an effort to park responsibly to keep all our children safe. PC Dainton is now based in the Lower Valley and along with his team will be visiting more frequently. This is not only to reinforce our message of parking responsibly, but also to talk to classes in school and become a familiar face.



Church Links

This week in Collective Worship the children learnt about Thankfulness.

Creation Story Sticks

Reception have been learning about the Creation story in RE. They made these story sticks to help tell the seven different parts of the story. We think they make a fantastic display.



Year 6 Maths



Year 6 used counters in Maths to find the 'mean' number

Health and Well Being

Is your child hurting or harming themselves?

Have they...?

- Got unexplained bruises, sores, cuts or burns
- Become withdrawn
- Experienced a change in behaviour
- Shown signs of low mood, depression, worry or anger
- Expressed self-blaming feelings of failure, hopelessness, or says they are useless
- Avoided swimming or changing clothes around others



It's important that you and your child know that children sometimes intentionally hurt themselves as a way of managing their emotions.

TOP TIPS

- Talk and listen to your child without judgment. It's important you listen to your child and make sure they feel understood.
- Explain that when in school they can talk and get support from a trusted adult.
- Talk to your child about which emotion they are trying to manage so that you can look for different coping strategies together.
- Try a distraction strategy to help your child divert the habit.
- Listen to mindfulness music or their favourite music and dance it out.
- Take regular time outs.
- Make a mood jar with your child and use breathing techniques.
- Open Minds Calderdale website has lots of resources and advice that will help you and your child find a solution.
- Encourage your child to speak to a professional who can also help (e.g. a GP, counsellor or helpline).
- This can be a very difficult subject for you to discuss and cope with, please seek further help/support for yourself.

If you need help for your emotional wellbeing and mental health, the NHS Calderdale CCG website offers tips, information and guidance: <https://www.calderdaleccg.nhs.uk/wellbeing/>

For more tips, information & support go to www.openmindscalderdale.org.uk



Emotional Health and Wellbeing Service Offer for Children and Young People in Calderdale



Open Minds website provides advice, information and support on local and national services that help children and young people.

www.openmindscalderdale.org.uk



Kooth.com offers safe anonymous online counselling with a qualified professional.

Age range: 10-25 years

Opening times: Mon-Fri, 12pm-10pm, Sat-Sun 9pm-10pm

Contact details: www.kooth.com



Time Out offers the opportunity to 'find your thing', get some simple guidance around emotional wellbeing, managing worries and looking after yourself.

Age range: 10-19 years

Contact details: 01418 311734 (text for a text box)

www.timeoutcalderdale.co.uk



Barbican's Positive Identities Service offers specialist advice and support to those who identify or are questioning their sexual and/or gender identity.

Age range: 8-25 years

Contact details: 01422 371983 or positiveidentities@barbican.org.uk



Open Minds (CAHNS) offers specialist help and support around mental health.

Age range: 5-18 years

Contact details: www.openmindscalderdale.org.uk



C&K Careers offers specialist advice, support and guidance on future career options.

Age range: 13-24 years

Contact details: 01484 312654 or info@ckcareers.org.uk



ChatHealth offers a confidential and secure text messaging service to discuss physical health and emotional wellbeing.

Contact details: text 07888 625297 or www.chathealth.org.uk



Calderdale Young Carers Service for advice and support on being a young carer.

Age range: 8-18 years

Contact details: 01422 261208 or www.ycs-calderdale.org.uk



Healthy Futures Calderdale offers advice and support from public health clinicians on any concerns you have relating to COVID-19, including worries about the return to school.

Contact details: 0303 330 9074



Branching Out offers specialist advice and support around drugs and alcohol.

Age range: 10-21 years

Contact details: 01422 415550



Sexual Health offers specialist advice and support around sexual health.

Contact details: 01422 261370



The BREW Project offers online 1:1 support sessions with a wellbeing officer or a 1:1 walk and talk service.

Age range: 5-17 years

Contact details: 01422 750015 or support@brewproject.org.uk

For more information and support visit www.openmindscalderdale.org.uk



Health Update

Children with simple cold symptoms such as runny noses or sore throats **without fever** should not be tested for COVID-19, and can attend school if they feel well enough to do so.

Anyone with any of the three main symptoms of COVID-19 should stay at home and arrange testing.

Please contact school to advise us of any absence.

Please note that unless advised otherwise, only people who present with **any of the three main symptoms of COVID-19 should be tested**.

Testing must be conducted within the first 5 days of the onset of symptoms.

If someone is being tested in your household, **ALL** family members will need to isolate until a negative test is returned.

When you receive your test result, **please email admin@elland.calderdale.sch.uk** with details before your child returns to school. Children can return to school as soon as a negative test is received.

If your child develops any of the key symptoms for COVID-19 in school, we will contact parents/carers and ask for you to arrange a test. This is in line with Government guidelines.

Symptoms

High temperature
New continuous cough
Loss or change to sense of taste or smell

Upcoming Events

Friday 11th June and Friday 18th June—Year 3 Forest School (afternoons)

