



Elland C of E School

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NEWSLETTER 19th January 2023



PUPILS OF THE WEEK

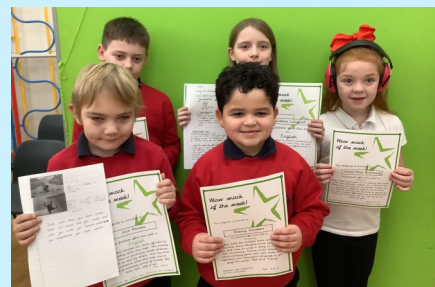


HEAD TEACHER'S AWARD



Lola-Jo —Well Done!

WOW WORK OF THE WEEK



Attendance Winners



Last Week's Attendance Winners

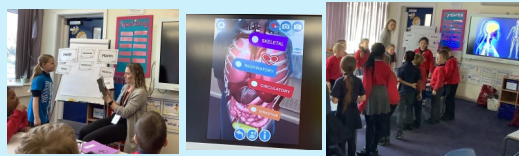
Whole School— 94.8%

Winners—Year 5 —98.9%

House Points Winners **HAMMERTON** = 367 Points Well done!



Life Bus



This week, Lucy from Life Bus came to visit us—this is an interactive programme which supports our PSHE curriculum, enabling children to 'enhance their emotional health.' As always, Harold the giraffe was a big hit! Thank you Lucy!



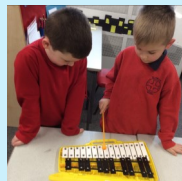
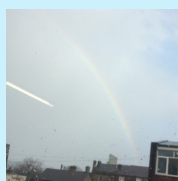
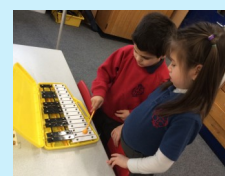
Year 1

Year 1 were really busy last week so we thought we would share some photos.

The children were set some homework to design or make a rocket as we are learning about Neil Armstrong and the first moon landing. Here are all the children that completed their homework along with their fabulous efforts!!!

During our music lesson on Thursday, the children had a MOG moment (Moment of Ordinary Grace) when they spied a rainbow out of the window! We all rushed to have a look at it and then made a wish! Let's hope they all come true!

Once we had settled down, we were then able to concentrate on playing our musical instruments. This is the first time that we have used the glockenspiels in our lessons and the children were fantastic!



Church Links

This week in Collective Worship Mrs Lord spoke to the children about Koinonia.



Year 6

Year 6 took part in a sleep and wellbeing work shop last week. The children worked in groups to identify things that could keep them awake and what they could do to help with this. They also looked at how lack of sleep can harm their wellbeing.



Sensory Baskets

Here are some photos of our new sensory baskets for each class. These are used to help children if they need some time to self-regulate or if they are upset. The resources are calming and soothing.



Parent/Carer Workshop in School

We are really excited to announce that we have a one-off behaviour workshop planned in school for **Monday 27th February 9am-11am**.

After listening to some of our parents/carers sharing the difficulties that behaviour and parenting can bring, we have been working together with the Lower Valley Family Support Team to put something together to support with this, and the session will be delivered in school, by a Family Support Worker.

The workshop will cover the following things:

- * Healthy Habits – Looking at how vital good quality sleep is and give advice on how to create a good sleep routine. Implementation of example sleep charts, reward charts, attention charts, examples of child's daily routine written down.
- * Child development and age-appropriate expectations - Looking at the ages and stages of development. Discussing children's emotional stages of development and the importance of recognising what stage of development children are at. Looking at how additional needs such as ADHD and ASD would show differences in development and what to do if you suspect ADHD and ASD.
- * Environmental factors - Looking at what is happening around your child that could be influencing their behaviours.
- * Recognising triggers and managing inappropriate behaviours - Looking at triggers and how we can prevent and/or intervene before the situation escalates.

We anticipate that this workshop will be very popular, and **we only have 10 places available** on this course. There is the possibility that this workshop will run again if we have enough parents/carers, and your name could be added to a waiting list. Please contact Mrs Hoyle, Mrs Bedford or Mrs Riley if you would like to attend.

Online Workshops

As part of our commitment to supporting our children's mental health and emotional wellbeing, we recognise the need for parents/carers to have access to up to date advice and support. Please find details of some workshops that are available online between now and March. You can access the FREE places using the link below:

<https://openmindscamhs.org.uk/parent-carer-workshops/>

Sensory Difficulties

This workshop covers what sensory difficulties are, why a child may display these difficulties. There will be a focus on each of the different senses and how a child with sensory difficulties may respond to these. We will also look at different resources and strategies you as a parent can use to support your child. This workshop is suitable for parent/carers of children aged 5-12

Learning objectives:

To understand why a child may experience sensory difficulties.

To understand what the different sensory difficulties can be caused by

How to support the different sensory difficulties

Useful resources

26/01/23 – Sensory difficulties Tickets, Thu 26 Jan 2023 at 18:00 | Eventbrite

Online Workshops

Difficult Behaviours

This workshop covers different difficult behaviours a child may display. It will also look at why a child may display these behaviours and how we can understand the needs of the child more clearly. We will also look at resources and strategies for you as a parent and how you can support your child when displaying these behaviours. This workshop is suitable for parent/carers ages 5-12

Learning objectives:

- To understand what difficult behaviours are
- To understand why a child may be displaying difficult behaviours.
- To learn practical ways to support your child when they are displaying difficult behaviours.
- To be made aware of resources and services that can be accessed for further support.

9/02/23 – Difficult behaviours Tickets, Thu 9 Feb 2023 at 18:00 | Eventbrite

Supporting Self-Esteem

This workshop will cover what self-esteem is and why it is important. It will cover warning signs of high and low self-esteem, why children and young people may have low self-esteem, as well as practical strategies and resources that can be used to help support your child and young person's self-esteem.

Learning objectives:

- To understand what self-esteem is.
- To understand why self-esteem is important.
- To identify signs of high and low self-esteem.
- To know some strategies that can be used to support your child or young person's self-esteem.

23/02/23 – Supporting Self-esteem Tickets, Thu 23 Feb 2023 at 18:00 | Eventbrite

Social Media & Wellbeing

This workshop looks at social media and what it is used for by children and young people, the advantages and disadvantages of social media use, the impact of social media on wellbeing and cyberbullying. It will also cover the impact of social media on the brain, social media addiction, how social media can be used responsibly and considering empathy and the tone used. This workshop is suitable for parents/carers of children and young people aged 8-18 years.

Learning objectives:

- To discuss and explore some of the advantages and disadvantages of social media.
- To understand how social media can impact wellbeing.
- To consider the impact of social media on the brain.
- To consider empathy and what is being said.
- To know some strategies for managing online wellbeing.

9/03/23 – Social media and wellbeing Tickets, Thu 9 Mar 2023 at 18:00 | Eventbrite

Health Update

If your child has symptoms of COVID-19, please keep your child at home and contact school to advise us of any absence.

NHS latest advice:

If a child or young person aged 18 or under tests positive for COVID-19, they should try to stay at home and avoid contact with other people for **3 days**. This starts from the day after they did the test. Children and young people tend to be infectious to others for less time than adults. **If they're well and do not have a temperature after 3 days, they can return to school.**

For further advice: <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

Upcoming Events

Every Friday Afternoon
Every Thursday Morning
Mondays after school
Tuesdays until Half Term
Friday 10th February
Friday 10th February
Monday 20th February
Tuesday 21st February
Wednesday 22nd February
March

Year 5 swimming
Adult Learning —Get ready to learn Maths
Film Club with Ms Melanophy and Mrs Kitchen 3.00pm—4.00pm
Y6 Tutoring for invited children 3.00pm—4.00pm
Wear your scarf to school day
Half Term School closes at the end of the day
School reopens
Shrove Tuesday (also Pancake Day)
Ash Wednesday (start of Lent)
World Book Day—more information to follow

